



ALL  YOURS



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Sand and stone

The story is about two friends who were walking through the desert. During some point of the journey, they had an argument, and one friend slapped the other one in the face. The one who got slapped was hurt, but without saying anything, she wrote in the sand:

"TODAY MY BEST FRIEND SLAPPED ME IN THE FACE"

They kept on walking, until they found an oasis, where they decided to take a bath. The one who had been slapped got stuck in the mire and started drowning, but her friend saved her. After she recovered from the near drowning, she wrote on a stone:

"TODAY MY BEST FRIEND SAVED MY LIFE"

The friend, who had slapped and saved her best friend, asked her, "After I hurt you, you wrote in the sand, and now, you write on a stone, why?"

The other friend replied: "When someone hurts us, we should write it down in sand, where the winds of forgiveness can erase it, but when someone does something good for us, we must engrave it in stone, so no wind can ever erase it."

Learn to write your hurts in the sand and to carve your blessings in stone.

~author unknown

-Dr. O.P. Manchanda (CEO)

On behalf of the HR team, we thank you for the growing responses, reviews and articles sent to us for the HR Magazine. We are proud to release the third issue of the same. This platform has certainly encouraged thought sharing, helping us strengthen a special bonding in the LPL family.

Each of you who have spared time in writing back to us deserves a Special gift which will reach you shortly.

Thanks - Debashis Dhar, Vijender Singh, Bhushan Kulkarni, Varenya Shukla, Sohel P. Momim, Shailender Kendki

On a lighter note, do enjoy reading the tips suggested to make your everyday life in the lab a fun-filled experience.

We wish you all an enjoyable summer!

Enjoy Reading!

Salesman

An inspiring story about making the right choices

Once there was a sales man whose sales ranged between 80% to 95% of his budget. Disheartened with the results, he took an appointment with a marketing consultant, to know where he was wrong. He reached the consultant's office at the appointed time. After entering the office he saw two doors, instead of a receptionist. One door was marked "SALES LESS THAN 100%" and the other door was marked "SALES MORE THAN 100%". Since his average sale was less than 100%, he entered to the 1st door. After entering the room he found two more doors one was marked "EARN INCENTIVES" and the other door was marked "NOT EARNED INCENTIVES". Since he did not earn incentive on regular basis, he entered the 2nd door. He again found two doors, one was marked "HAPPY WITH YOUR SELF" and the other was marked "NOT HAPPY WITH YOUR SELF". Since he was not an achiever, he was not happy and so entered the 2nd door. And surprisingly on entering it he found himself on the same street from where he had entered.

Moral of the story

Similar actions again and again leads to similar results. To look for desired results, we must bring about a change in our attitude, approach and style of functioning, and thus try opening different doors.

Debashis Dhar

A motivating story

A well-known speaker started off his seminar by holding up a Rs. 1000/-note.

In the room of 100, he asked, "Who would like this 1000 note?" Hands started going up. He said, "I am going to give this note to one of you but first let me do this".

He proceeded to crumple the note up.

He then asked "Who still wants it?" Still the hands were up in the air. "Well," he replied, "What if I do this?" And he dropped it on the ground and started to grind it into the floor with his shoe. He picked it up, now all crumpled and dirty. "Now who still wants it?" Still the hands went into the air.

"My friends, you have all learned a very valuable lesson. No matter what I did to the money, you still wanted it because it did not decrease in value. It was still worth Rs. 1000/-.

Many times in our lives, we are dropped, crumpled, and ground into the dirt by the decisions we make and the circumstances that can come our way. We feel as though we are worthless.

But no matter what has happened or what will happen, you will never lose your value. "You are special - Don't ever forget it!"

Moral of the Story:

"Never let yesterday's disappointments overshadow tomorrow's dreams"
"We are what we believe we are".

Varenya Shukla

“Some important thoughts that will change one's life”

1. When a bush gets infected with algae it will not bloom. Thus when the mind is weighed down with negative thoughts like anger & unfulfillment, fear sets in.
2. Fertilizer, soil, water and sunlight make the tree grow. Similarly joy, positive ideas & food make one's life bloom.
3. Like uneven jute rope, negative thoughts produce mental & physical pain. Whereas positive thoughts are like silken ropes which bring peace, joy & excitements.
4. To beat waves of insults, non-recognition & avoidance one needs a decision as strong as a lighthouse, symbolizing courage for which I will stand stead fast like a mountain.
5. People are like puppets, they are dependent on circumstances & thus get dejected & depressed.
6. Like an old wall has cracks, the mind is also stained with fear, doubts, contempt, laziness & anger. To remove these stains one needs plaster & paint of love, contentment & happiness.
7. Negative thoughts are like coal, which cannot adorn a ring. Positive thoughts are strength that shines.
8. A tree cannot be cut with one stroke. One has to strike again & again with patience only then one can cut it. Similarly, a mind full of negative thoughts cannot get converted overnight into that of positive thoughts. One has to work day & night to make it positive.
9. The door of one's mind should open only in one direction i.e. it should open only for positive thoughts.
- 10 A wall is built by laying brick by brick. Similarly creative activities will slowly take one from negative to positive thoughts.
- 11 One can create a beautiful picture by properly arranging the pieces of a puzzle. Similarly if we arrange & direct our thoughts properly we can create a beautiful life.
- 12 When we clean grain, we remove pebbles. Similarly we must remove pinching & unpleasant thoughts from our minds.

With regards from,
MR. SOHEL P. MOMIN.

Pathology Jokes

A defense attorney, cross-examining a pathologist, asked, "Before you signed the death certificate, had you taken the pulse?"

"Pathologist: 'No.'

"Attorney: 'Did you listen to the heart?'

"Pathologist: 'No.'

"Attorney: 'Did you check for breathing?'

"Pathologist: 'No.'

"Attorney: 'So, when you signed the death certificate you weren't sure the man was dead, were you?'

"Pathologist: 'Well, let me put it this way: The man's brain was sitting in a jar on my desk. But I guess it's possible he could be practicing law somewhere.'

Doctor jokes

- Patient:** "Doctor, doctor, my little boy's swallowed a bullet. What shall I do?"
Doctor: Well, for a start, don't point him at me."
- Patient:** "Doctor, doctor, I've lost my memory."
Doctor: When did it happen?
Patient: When did what happen? "
- Patient:** "Doctor, doctor, my wooden leg is giving me a lot of pain."
Doctor: Why's that?
Patient: My wife keeps hitting me over the head with it."
- Patient:** "Doctor, doctor, my hair's coming out. Can you give me something to keep it in?"
Doctor: Certainly - how about a paper bag?"
- Patient:** "Doctor, doctor, people keep ignoring me."
Doctor: Next, please!"
- Patient:** "Doctor, doctor, I feel like a pair of curtains."
Doctor: Pull yourself together!"
- Patient:** "Doctor, doctor, I feel like a bridge."
Doctor: What's come over you?
Patient: Two cars and a bus!"
- Patient:** "Doctor, doctor, I keep thinking I'm a spoon."
Doctor: Sit there and don't stir."
- Patient:** "Doctor, doctor, I keep thinking I'm a billiard ball."
Doctor: Get back in the queue."
- Patient:** "Doctor, doctor, I keep thinking I'm a pack of cards."
Doctor: I'll deal with you later."
- Patient:** "Doctor, doctor, I keep thinking there's two of me."
Doctor: One at a time, please."
- Patient:** "Doctor, doctor, I keep thinking I'm a dog."
Doctor: Lie down on the couch and I'll examine you.
Patient: I can't. I'm not allowed on the furniture."

Positive approach

Father: I want you to marry a girl of my choice.
Son: "I will choose my own bride!"
Father: "But, the girl is Bill Gates's daughter."
Son: "Well, in that case...OK"

Next Day

Father approaches Bill Gates.
Father: "I have a husband for your daughter."
Bill Gates: "But, my daughter is too young to marry!"
Father: "But, this young man is a Vice-President of the World Bank."
Bill Gates: "Ah, in that case... OK"

Finally Father goes to see the President of the World Bank.

Father: "I have a young man to be recommended as a vice-president. "
President: "But, I already have more Vice- Presidents than I need!"
Father: "But, this young man is Bill Gates's son-in-law."
President: "Ah, in that case... OK"

Moral: Even if you have nothing, you can get anything?????????..

Shailendra Kendki

This is just too unbelievable!!!!
I know some people like this!
You can't make this stuff up!



NEW YORK resident Kathy Evans brought humiliation to her friends and family when she set a new standard for stupidity with her appearance on the popular TV show, 'Who Wants To Be A Millionaire.'

Evans, a 32-year-old wife and mother of two, got stuck on the first question and proceeded to make what fans of the show are dubbing 'the absolute worst use of lifelines ever.' After being introduced to the show's host Meredith Vieira, Evans was posed with a typically easy initial \$100 question.

The question was: 'Which of the following is the largest?'

- A) A Peanut
- B) An Elephant
- C) The Moon
- D) Hey, who you calling large?

Immediately Mrs. Evans was struck with an all consuming panic as she did not readily know the answer. 'Hmm, oh boy, that's a toughie,' said Evans, as Vieira did her level best to hide her disbelief. 'I mean, I'm sure I've heard of some of these things before, but I have no idea how large they would be.'

Evans made the decision to use the first of her three lifelines, the 50/50. Answers A and D were removed, leaving her to decide which was bigger, an elephant or the moon. However, faced with an incredibly easy question, Evans still remained unsure.

'Oh! It removed the two I was leaning towards!' exclaimed Evans... 'Darn. I think I better phone a friend.' Mrs.. Evans asked to be connected with her friend Betsy, who is an office assistant...

'Hi Betsy! How are you? This is Kathy! I'm on TV!' said Evans, wasting the first seven seconds of her call. 'Ok, I got an important question. Which of the following is the largest? B, an elephant, or C, the moon. 15 seconds hun.'

Betsy quickly replied that the answer was C, the moon. Evans proceeded to argue with her friend for the remaining ten seconds. 'Betsy, are you sure?' said Evans. 'How sure are you? Duh, that can't be it.'

To everyone's astonishment, the moronic Evans declined to take her friend's advice. 'I just don't know if I can trust Betsy. She's not all that bright. So I think I'd like to ask the audience,' said Evans.

Asked to vote on the correct answer, the audience returned 98% in favor of answer C, 'The Moon.' Having used up all her lifelines, Evans then made the dumbest choice of her life..

'Wow, seems like everybody is against what I'm thinking,' said the too-stupid-to-live Evans. 'But you know, sometimes you just got to go with your gut... So, let's see... I'm going to have to go with B, an elephant... Final answer.'

Evans sat before the dumbfounded audience, the only one waiting with bated breath - and was told that she was wrong, and that the answer was in fact, C, 'The Moon.'

Caution... they walk among us
I stopped at Mc Donald's and ordered some fries.
The girl behind the counter said "would you like some fries with that?"

One day I was walking down the beach with some friends when someone shouted....
'Look at that dead bird!'
Someone looked up at the sky and said...'where?'

They walk among us!
Monika Raj

8 points to remember

- Think Big, Think Fast, Think Ahead. Ideas are no one's Monopoly.
- Our Dreams have to be bigger. Our ambitions higher. Our commitment deeper. And our efforts greater.
- You do not require an invitation to make profits.
- If you work with determination and with perfection, success will follow.
- Pursue your goals even in the face of difficulties, and convert adversities into opportunities.
- Give young people a proper environment. Motivate them. Extend them the support they need. Each one of them has an infinite source of energy. They will deliver.
- Amongst my past, present and future, there is one common factor: Relationship. This is the foundation of growth.
- Meeting the deadlines is not enough, beating the deadlines is my expectation.

We bet on people.

BHUSHAN P KULKARNI

It is often said that human mind works faster than any computer or super computer. After all, human mind has made super computers.

In our day to day affairs we are so engrossed in ourselves and other general stuff that we tend to forget that we have a strong tool which can make us function effectively and that is mind. We just don't try to apply our selves so as to be better off and enhance our productivity and stretch, with out too much of physical effort.

Application of mind has only lead to great inventions, where as we are just talking about our own capability to better and better in our lives, Sergei Bubka a Paul volt athlete always broke his records and always believed in a thinking strategy supported with execution. Before the invention of aeroplane, many people tried flying form the top of their roofs without thinking and just copying how birds fly, and they all failed.

We even tend to do what we have been told and have been doing it for ages with a set of rules copying from our predecessors/parents/grand parents etc. It is all in mind what is right and wrong .After an application and doing it regularly our body also functions automatically with out any interference of our mind. After driving for so many years, I usually don't have to apply too much of my mind, senses do their job, like eyes keeping an eye on road, hands controlling the steering, feet doing as when brakes/accelerator are needed.

This is what is the power of mind that makes us habitual and doesn't interfere too much after some time (i.e builds a habit) and then moves on to do some other thinking .

Hence, let us start applying ourselves to the potential and fulfill our Dreams, end of the day believe me it would give so much of satisfaction.

Vijender Singh

New Borns

Rakesh Kumar Prasad, ASM Hyderabad
Jinto MM , ASM, Kerela
K Dinesh, RSM, TN & Kerela
Arvind Meena, Manager- Operations

Living for others



Cancer Awareness Walk at Lodhi Road

Corporate get together



Left: Product Training at Gurgaon, Right: Sales Budget Meet at Shimla,



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Promotions

S No	Name	Old Designation	New Designation
Bangalore Lab			
1	Purushothama Reddy	Phelebotomist	Lab Technician
Bio Chemistry			
1	Santosh Kumar Tiwari	Lab Technician	Sr. Lab Technician
2	Anuj Kumar	Lab Technician	Sr. Lab Technician
Clinical Trials Lab			
1	Mrinalini Singh	Project Coordinator	Sr. Project Coordinator
Customer Care			
1	Geeta Rana	Team Leader	Sr. Team Leader
2	Bikramjit Singh	Customer Care Executive	Home Collection Coordinator - ROI
Finance & Accounts			
1	Ved Prakash Goel	Sr. Manager Finance	GM - Finance
2	Alka Saxena	Manager Finance	Sr. Manager Finance
Front Office			
1	Mohd. Quamruddin	Front Office Executive	Team Leader - Front Office
2	Sunita Pal	Front Office Executive	Sr. Executive - Front Office
3	Annie Vincent		Team Leader - Front Office
Genetics			
1	Divya Uthman	Jr. Research Assistant	Research Assitant
Gurgaon - Lab			
1	Ishwar Singh	Courier Boy	Logistics Coordinator
Hematology			
1	Rajesh Kumar	Lab Technician	Sr. Lab Technician
Histopath			
1	Satyender Pratap Singh	Lab Technician	Sr. Lab Technician
2	Vikram Singh Rana	Lab Technician	Sr. Lab Technician
Home Collection - Gurgaon			
1	Atasi Rani Das	Coordinator - Home Collection	Team Leader – Corp Sales Coordination
2	Iftexhar Ahmed	Mobile Phlebotomist	Customer Care Executive
HR Dept.			
1	Bhushan Narula	Sr. Manager - Training	GM -Training
2	Bhopal Singh Rawat	HR - Executive	Sr. Executive - HR
Immunology			
1	Anchal Arora	Lab Technician	Sr. Lab Technician
IT Deptt			
1	Vikramaditya Mishra	Team Leader-Main Lab IT	Manager Lab - IT
2	Shubharaj Chakraborty	System Administrator	Asst Manager - Lab IT
3	Shiv Shankar Chaurasia	Executive IT - Lab & Business Support	Sr. Executive IT - Lab & Business Support
4	Manoj Kumar Prasad	Executive IT - Lab Support	Sr. Executive IT - Lab Support

Promotions

Sales

1	Anil Chandwani	ZSM - Delhi / NCR	GM -Sales Delhi / NCR
2	Swaran Singh Gill	Senior ASM	RSM
3	Parvez Hossin	Sr. Area Sales Manager	RSM
4	Mrinal Kanti Choudhury	Area Sales Manager	RSM
5	Rajdeep Panwar	Asst. Manager - Corporate Sales	Manager - PSC Operations
6	Vikas Kumar Semwal	Area Sales Manager	Sr. Area Sales Manager
7	Mukul Kumar	Area Sales Manager	Sr. Area Sales Manager
8	Anshuman Mehra	Area Sales Manager	Sr. Area Sales Manager
9	Ashok Sameer Paul	Territory Manager	Area Sales Manager
10	Santosh Kumar Srivastava	Territory Manager	Area Sales Manager
11	Bhushan Prabhakar Kulkarni	Territory Manager	Area Sales Manager
12	Desai Jaichand Raosaheb	Sales Executive	Territory Manager
13	Kush Gupta	Executive - Corporate Sales	Territory Manager
14	Vikas Garg	Sales Executive	Territory Manager
15	Pradeep Gupta	Sales Executive	Territory Manager
16	Amit Rohilla	Sales Executive	Territory Manager
17	Vikas Bhalla	Sales Executive	Territory Manager
18	Molla Asif Ali	Sales Executive	Territory Manager
19	Soumen Sen	Sales Executive	Territory Manager
20	Avijit Das	Sales Executive	Territory Manager
21	Tapan Kr. Roy	Sales Executive	Territory Manager
22	Harvinder Dhiman	Sales Executive	Territory Manager
23	Ashu Bansal	Sales Executive	Territory Manager
24	Manish Bhatia	Sales Executive	Territory Manager
25	Hemant Kushabrao Jogwe	Sales Executive	Territory Manager
26	Vaibhav Sharma	Sales Executive	Territory Manager

Sample Collection Room

1	Parveen Bansal	Lab Tech. & Supvr-Evening Shift-Main Lab	Group Team Leader
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Sample Distribution Room

1	Pooja Sharma	Lab Technician	Sr. Executive - SDR
2	Mona Bruce	Lab Technician	Sr. Executive - SRA
3	Sonepal Singh	Lab Technician	Sr. Executive - SRA

Sample Receiving Area

1	Govind Singh	Incharge - Evening Shift (SRA/ SDR)	Team Leader - SRA
2	Ranjit Singh Suryal	Lab Technician	Team Leader - SRA
3	Brijesh Shukla	Lab Technician	Team Leader - SRA
4	Akhilesh Mishra	Lab Technician	Sr. Executive - SRA
5	Prakash Ranjan Sinha	Lab Technician	Sr. Executive - SDR
6	Akhilesh Kumar Gupta	Lab Technician	Sr. Executive - SRA
7	Kundan Kumar	Lab Technician	Executive - SDR
8	Rakesh Kumar Jha	Lab Technician	Executive - SRA
9	Bipin Kumar Jha	Lab Technician	Executive - SRA
10	Deepak Arora	Incharge - SRA / SDR	Clinical Trials and Quality (SRA/SDR/ Registration) Coordinator