

**LDL CHOLESTEROL, DIRECT
SERUM**
(Enzymatic selective
protection)

mg/dL

Interpretation

NCEP RECOMMENDATIONS	LDL Cholesterol in mg/dL in adults	LDL Cholesterol in mg/dL in children
Optimal	< 100	< 110
Near / Above Optimal	100-129	-
Borderline High	130-159	111-129
High	160-189	>or = 130
Very High	>or = 190	-

**VLDL CHOLESTEROL,
SERUM(CALCULATED)**

mg/dL

<30